What is claimed is:

- 1 A system comprising: 1. 2 a network provider that provides a health care plan; one or more medical service/good providers that have joined the health care plan; 3 one or more individuals that are members of the health care plan; and 4 a discount price list provided by the network provider that regulates the cost of 5 services/goods provided to the members by the medical service/good providers such that the 6 7 members pay the medical service/good providers in-full directly for any services/goods 8 rendered based on the discount price list.
- 1 2. The system as recited in claim 1, wherein the discount price list is a variable discount price list that tracks a known standard service price list.
- The system as recited in claim 1, wherein the individuals pay a membership.

 fee to the network provider to join the health care plan.
- 1 4. The system as recited in claim 3, wherein the membership fee is paid by the 2 individual's employer.
- The system as recited in claim 3, wherein the membership fee is paid by the individual's business.
- 1 6. The system as recited in claim 3, wherein the membership fee is a renewal fee.
- The system as recited in claim 1, wherein the member includes his/her family in the health care plan.

- 8. The system as recited in claim 1, wherein the medical service/good providers are selected from the group consisting of physicians, hospitals, physical therapists, nursing facilities, cancer treatment centers, optical and hearing aid dispensaries, hospices, clinics,
- 4 pharmacies, chiropractors, dentists, medical supply stores, hospital supply stores and
- 5 handicap equipment suppliers.

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- 1 9. The system as recited in claim 1, wherein the medical service/good provider is 2 a doctor that works for a corporation.
- 1 10. The system as recited in claim 1, further comprising a medical service/good 2 provider listing provided by the network provider to the members.
- 1 11. The system as recited in claim 10, wherein the medical service/good provider 2 listing comprises basic listings and premium listings.
- 1 12. The system as recited in claim 11, wherein the basic listings are provided to 2 medical service/good providers free of charge.
 - 13. The system as recited in claim 11, wherein the premium listings are provided to medical service/good providers upon payment of a premium listing fee.
- 1 14. The system as recited in claim 13, wherein the premium listings include a link 2 to a customizable web page for the medical service/good providers that is accessible via a 3 global telecommunications network.
- 1 15. The system as recited in claim 13, wherein the premium listings include a link 2 to the medical service/good provider's web site.

- 1 16. The system as recited in claim 13, wherein the premium listings are customized for each medical service/good provider.
- 1 The system as recited in claim 10, wherein the discount price list and the 2 medical service/good provider listing is accessible via a global telecommunications network.
- 1 18. The system as recited in claim 10, wherein the discount price list and the 2 medical service/good provider listing are searchable by the members using one or more 3 search criteria.
- 1 19. The system as recited in claim 18, wherein one of the search criteria is based 2 on geographic area
- 1 20. The system as recited in claim 18, wherein one of the search criteria is based 2 on the services and goods provided by the medical service/good providers.
- 1 21. The system as recited in claim 1, further comprising one or more 2 advertisements provided by the network provider to the members.
- 1 22. The system as recited in claim 21, wherein an advertiser pays the network 2 provider an advertising fee to provide the advertisements to the members.
- The system as recited in claim 21, wherein the advertisement provided to a member is based on one or more search criteria used to search the medical service/good provider listing.
- 1 24. The system as recited in claim 1, wherein the network provider is an insurance 2 provider.

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| 1 | 25. | The system as | recited in | claim 24, | wherein t | he insurance | provider | provides |
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| 2 | members with | major medical | insurance i | n return fo | or paymen | t of one or n | nore major | medical |
| 3 | premiums. | | | | | | | |

- 26. A method for providing a health care plan comprising the steps of:
- 2 receiving a membership fee from one or more individuals to become members of the 3 health care plan;
- obtaining information from one or more medical service/good providers that have joined the health care plan; and
- providing a discount price list that regulates the cost of services/goods provided to the members by the medical service/good providers such that the members pay the medical service/good providers in-full directly for any services/goods rendered based on the discount price list.
- 1 27. A computer program embodied on a computer readable medium for providing 2 a health care plan comprising:
 - a code segment for receiving a membership fee from one or more individuals to become members of the health care plan;
 - a code segment for obtaining information from one or more medical service/good providers that have joined the health care plan; and
 - a code segment for providing a discount price list that regulates the cost of services/goods provided to the members by the medical service/good providers such that the members pay the medical service/good providers in-full directly for any services/goods rendered based on the discount price list.

| 1 | 28. An apparatus for providing a health care plan comprising: | | | | | |
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| 2 | a server; | | | | | |
| · 3 | one or more storage devices communicably coupled to the server, the one or more | | | | | |
| 4 | data storage devices containing a discount price list that regulates the cost of services/goods | | | | | |
| 5 | provided to a member of the health care plan by a medical service/good provider such that | | | | | |
| 6 | the member pays the medical service/good provider in-full directly for any services/goods | | | | | |
| 7 | rendered based on the discount price list; | | | | | |
| 8 | a communications interface communicably coupled to the server that allows a | | | | | |
| 9 | member to access the discount price list; and | | | | | |
| 10 | wherein the member is an individual that has paid a membership fee to join the health | | | | | |
| 11 | care plan. | | | | | |
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